

This Month:

National Volunteer Week

Celebrate National Volunteer Week which runs April 23-29. Whether helping one displaced family or thousands, providing care and comfort to an ill or injured service member or veteran, or teaching others how to respond in emergencies, it's through the efforts of ordinary people that we can do extraordinary things. Volunteers make it possible to respond to nearly 70,000 disasters every year, most of them home and apartment fires. Find out about the needs in your area by searching for current volunteer opportunities. Go out and make a difference in your community.



“The greatest part of our existence enfold in the service of humanity.”

~ Lailah Gifty Akita

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Spotlight on MRC-GEM

The Medical Reserve Corps (MRC) Program coordinates the skills of practicing and retired physicians, nurses and other health professionals as well as other citizens interested in health issues, who are eager to volunteer to address their community's ongoing public health needs and to help their community during large-scale emergency situations.

Goals for MRC GEM members:

- Learn and practice how to be safe and secure in times of disaster.
- Learn to extend that safety and security to your loved ones.
- Learn and practice how to be safe when helping others.
- Learn and practice how to effectively help others.

Help yourself, your family, and your community prevent and deal with disasters - join [MRC GEM](#)

Monthly Preparedness Challenge

With busy lives, it can be hard to find time to volunteer. However, the benefits of volunteering are enormous to you, your family, and your community. This month we challenge you to get out and volunteer. Organizations everywhere need volunteers. Check out the following websites to learn more about causes and to find volunteer opportunities near you : [American Red Cross](#), [Community Emergency Response Team \(CERT\)](#), [Volunteer Match](#), [United We Serve](#), [All Hands Volunteers](#)



Medical Reserve Corps (MRC)

Upcoming Dates

April 2-8: National Public Health Week

April 22 : CPR/AED Training, MRC-GEM

Disaster Facts

- 48% of Americans lack emergency supplies¹
- More than half of Americans have not prepared copies of crucial documents¹

¹Center for Disease Control and Prevention (CDC)

