

What should I do in case of an emergency or overdose?

In case of overdose, call your local poison control center at 1-800-222-1222. If the person taking this medication collapses or is not breathing, call local emergency services at 911.

What other information do I need to know about Truvada?

- Do not share medication or let anyone else take your medication.
- Ask your pharmacist if you have any questions about refilling your prescription.
- Write a list of all of your prescription and over-the-counter medicines, as well as any vitamins, minerals, or other dietary supplements you use.
- Bring your medication list with you each time you visit a doctor or if you are admitted to a hospital. Keep your medication list with you in case of an emergency.

What do I need to do if I stop taking my medication?

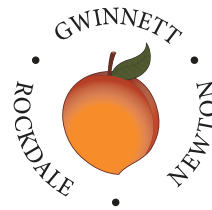
If you stop taking Truvada for any reason, please inform your PrEP coordinator at the health center.

IMPORTANT

Your protection from HIV infection will wane over 7-10 days after ceasing daily PrEP use.

Use alternative methods of disease prevention to reduce your risk for acquiring HIV.

Patients known to be infected with hepatitis B must be closely monitored with discontinuing PrEP.



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HIV PREVENTION PROGRAM

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HIV PREVENTION

PrEP

Just one pill a day.



Truvada[®]

emtricitabine-tenofovir disoproxil fumarate

You're taking an important step toward protecting yourself against acquiring HIV.

THE MEDICATION YOU WILL BE TAKING FOR PrEP IS:

BRAND NAME

Truvada
tru VA duh

GENERIC NAME

**TENOFOVIR DISOPROXIL
FUMARATE AND EMTRICITABINE**



COMMON QUESTIONS

What is Truvada (PrEP)?

Truvada is a medication that is used to prevent HIV infection. When you take Truvada to prevent HIV infection, doctors refer to this use as pre-exposure prophylaxis or PrEP.

How does Truvada help prevent HIV infection?

HIV is a virus that attacks your body's immune cells, the cells that work to fight infections. The two medications that make up Truvada, tenofovir and emtricitabine, block important pathways that viruses use to set up infection.

It takes seven days to build protective levels of Truvada PrEP in anal and rectal tissues. It takes 21 days to achieve protective levels in the vagina and in blood.

*After you've taken Truvada long enough to achieve protection, you'll need to **continue taking it daily, preferably the same time every day, in order for it to provide protection against HIV infection.***

How should I take my medication?

- Take one tablet of Truvada by mouth every day.
- Follow the directions on your prescription label carefully, and ask your doctor or pharmacist to explain any part you do not understand.
- When your supply of Truvada starts to run low, contact your doctor or pharmacist to get more.
- Do not stop taking Truvada without talking to your doctor.

You may be at higher risk of becoming infected with HIV if you miss doses or stop taking Truvada than if you take it every day.

Do I need to follow any special diet while on PrEP?

Continue your normal diet unless your doctor tells you otherwise.

What should I do if I forget a dose?

If you forget to take a dose of Truvada, take the missed dose as soon as you remember it. However, if it is almost time for the next dose, skip the missed dose and continue your regular dosing schedule.

Do not take a double dose of Truvada to make up for a missed dose.

Does my medication have any side effects?

You may experience side effects while taking Truvada. Side effects usually fade during the first month of taking this medication.

Common side effects:

- upset stomach
- headache
- vomiting
- loss of appetite

Tell your doctor if any of these symptoms are severe or do not go away.

Call your doctor immediately if you have any unusual problems while taking this medication or if you have fever or chills especially with sore throat, cough, rash or other signs of infection.

How should I store my medication?

- Truvada should be stored in the container it came in, tightly closed, and out of reach of children.
- Store Truvada at room temperature, away from excessive heat and moisture.

Dispose of medication that is outdated or not being used. Be sure to talk to your pharmacist about proper disposal.