

# COVID-19 QUICK TIPS | **SCHOOLS**

QUICK TIP  
1

Take steps to protect staff and students.

- Encourage all\* staff and students to **mask at all times** *\*unless unable. Not CDC recommended.*
- Promote social distancing:**
  - Mark 6-feet spacing in lines on floors of restrooms, locker rooms, classrooms, etc.
  - Discontinue self-service food and beverages
  - Discontinue large group activities such as cafeteria dining, assemblies, field trips and multiple class recesses
- Clean and disinfect regularly** with EPA approved disinfectants
- Encourage students and staff to **wash hands often**
- Limit visitor access to your building**
- Screen all individuals for symptoms**

QUICK TIP  
2

Watch for symptoms of illness.

Individuals who have COVID-19 may present with the following:

- Fever or chills
- New cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Sore throat
- Nausea/vomiting
- Diarrhea
- Muscle or body aches
- Fatigue
- Headache
- New nasal congestion/stuffy or runny nose

QUICK TIP  
3

Take action if someone is ill or illness is suspected.

1. **Separate the COVID-19 positive individual from others until they can go home** (use an empty classroom, office, nurses station, etc.). Mask child, if appropriate. Staff sitting with the child should be masked and socially distanced. **Have COVID-19 positive individual stay home until isolation is complete.**
2. **Identify close contacts.**
3. **Notify and require quarantine for close contacts.**
4. **Report positive case to your local health department.**

Required **isolation** period for COVID-19 positive individuals

**Isolation keeps someone who is infected with the virus away from others.**

**Positive individuals with symptoms** should isolate for at least 10 days and 24 hours fever-free, without the aid of fever reducing medications, and all other symptoms have improved.

**Positive individuals without symptoms** should isolate for 10 days from first positive test date.

Who is considered a **close contact**?

**Close contacts include anyone who spent 15 minutes or more at a distance of 6 feet or less with the positive person during their infectious period.**

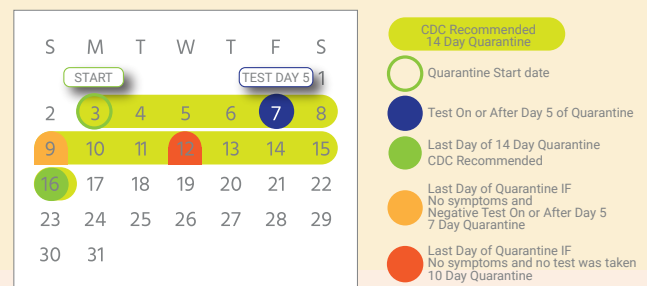
How long is **quarantine** period for close contacts?

**Quarantine keeps someone who might have been exposed to the virus away from others.** CDC recommends close contacts quarantine for 14 days.

**All close contacts must remain masked at all times and practice social distancing until after Day 14.**

**The following options exist to end quarantine after day 7 or 10 if certain criteria are met:**

**Individuals who start to have symptoms during their quarantine should immediately isolate and get tested.**



**Close contacts who have had a COVID-19 infection within the last three months or who have been fully vaccinated do not need to quarantine.**

QUICK TIP  
4

Report COVID-19 illness to the Health Department.

**Report all positive and suspected cases to the Health Department.**



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