

Exposed to COVID-19? Ask 2 Questions to know what to do.

Guidance is based on your vaccination status.

Fully vaccinated people Page 2

Unvaccinated people Page 3



Are you FULLY VACCINATED & Exposed to COVID-19? Ask 2 Questions to know what to do.



1
MASKED OR UNMASKED
 Were you less than 6 feet apart from this person recently for 15 minutes or more within a 24-hour period?



2

Are you sick or experiencing any symptoms of COVID-19?

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



If you feel sick, Stay home. Get tested.

What does it mean to be fully vaccinated?

You are fully vaccinated against COVID-19 if you received 2 doses of mRNA vaccine such as Pfizer or Moderna or 1 dose of Johnson & Johnson vaccine and 14 days have passed since your last dose.



Refer to CDC for inpatient and congregate setting quarantine guidance.



*** How long should I mask?**

LAST SAW COVID-19+ PERSON	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

★ MASKING AND TESTING FOR FULLY VACCINATED INDIVIDUALS

If you are fully vaccinated, you do not need to quarantine after your exposure. However, you should get tested 3-5 days after your exposure and wear a mask when you are around others, inside or outside of your home, until you receive a negative test result, OR until 14 days have passed since your last exposure to the COVID-19 positive individual.

Set up your masking and testing calendar:

- Mark the day you were last in contact with the COVID-19 positive person.**
- Starting with the following day, count forward 14 days.** This is the time frame CDC recommends wearing a mask indoors if you do not get tested for COVID-19.
- Mark Days 3-5 from the date of your last contact with the COVID-19 positive individual.** These are the days you should get tested for COVID-19. You can discontinue masking in your home if your test result is negative.

GET TESTED NOW!

If you are currently ill, stay home and isolate according to Health Department's recommendations.

CDC recommends that you:

- ✓ **Wear a mask.**★
- +
- ✓ **Get Tested at the correct time!**

GET TESTED 3-5 days after last contact with COVID-19 positive person.

Business as usual!

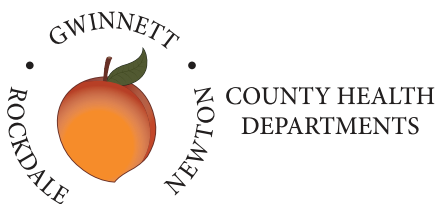
Continue to practice illness prevention:

- Wear a mask in public
- Stay 6 feet from others
- Wash your hands frequently
- Avoid touching your face with unwashed hands
- Disinfect frequently touched surfaces
- Stay home when sick



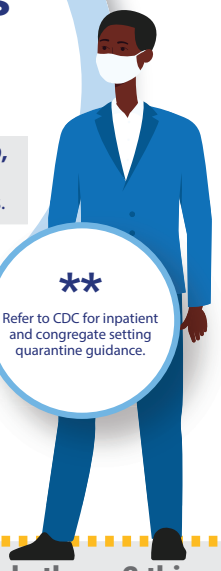
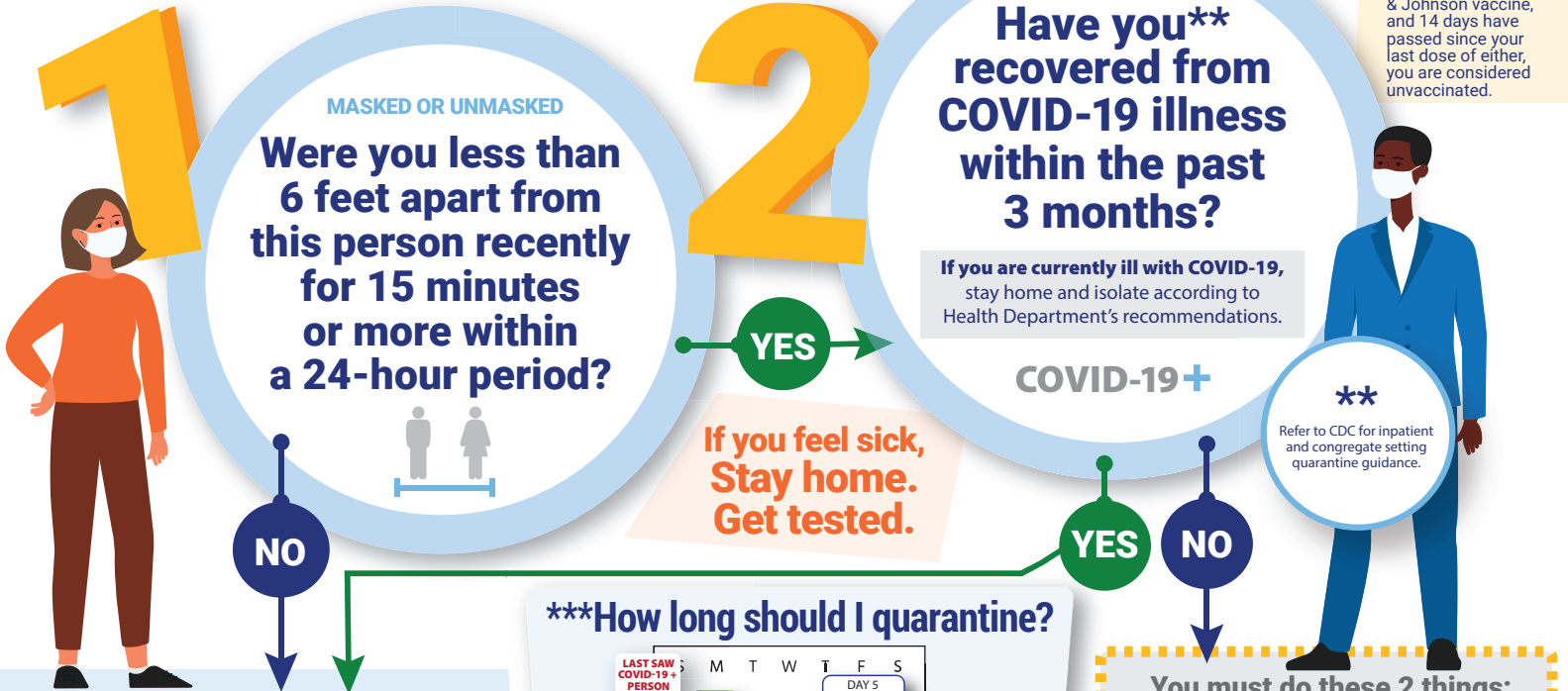
If you start to feel ill or experience symptoms of COVID-19, you should immediately isolate at home, away from others and get tested.

Isolation guidance dph.georgia.gov/isolation-contact



Are you UNVACCINATED* & Exposed to COVID-19? Ask 2 Questions to know what to do.

***Am I an unvaccinated person?**
If you have NOT received 2 doses of mRNA vaccine such as Pfizer or Moderna, or 1 dose of Johnson & Johnson vaccine, and 14 days have passed since your last dose of either, you are considered unvaccinated.



NO

YES

YES **NO**

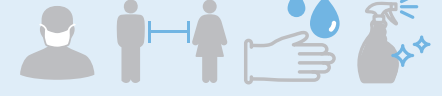
If you feel sick, Stay home. Get tested.

Refer to CDC for inpatient and congregate setting quarantine guidance.

Business as usual!

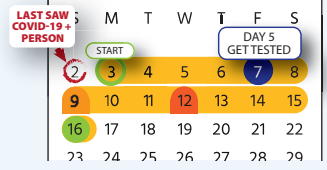
Continue to practice illness prevention:

- Wear a mask in public
- Stay 6 feet from others
- Wash your hands frequently
- Avoid touching your face with unwashed hands
- Disinfect frequently touched surfaces
- Stay home when sick



! If you start to feel ill or experience symptoms of COVID-19, you should immediately isolate at home, away from others and get tested.
o Isolation guidance dph.georgia.gov/isolation-contact

***How long should I quarantine?



QUARANTINE FOR UNVACCINATED INDIVIDUALS

IF YOU GET TESTED FOR COVID-19:
You can leave your home after Day 7 IF you received a negative COVID-19 test result and have not developed symptoms. Continue to mask around others and monitor for symptoms until the last day of the 14-day quarantine.

IF YOU CHOOSE NOT TO GET TESTED FOR COVID-19:
You can leave your home after day 10 IF you have not developed symptoms. Continue to mask around others and monitor your symptoms until day 14.

Set up your quarantine calendar:

Mark the day you were last in contact with the COVID-19 positive person.

Starting with the following day, count forward 14 days. This is the CDC recommended 14-day quarantine.

Mark Day 5 of your quarantine. This is the earliest day you can get tested for COVID-19.

Mark Day 7 of your quarantine if your COVID-19 test is negative. This is the earliest day of your shortened quarantine IF you receive a negative test result from a COVID-19 test performed on day 5 and have not experienced any symptoms.

Mark Day 10 of your quarantine if you are not getting tested for COVID-19. This is the last day of your shortened quarantine IF you DID NOT get tested for COVID-19 and have NOT experienced symptoms.

Mark day 14 of your quarantine. This is the last day of CDC recommended quarantine.

You must do these 2 things:

✓ Quarantine***
If you are not vaccinated, stay home for a minimum of 7 days when you get tested, your test is negative, and you have not experienced symptoms.

+

✓ Get Tested at the correct time!

Are you FEELING ILL?

