

# COVID-19 QUICK TIPS | **CHILDCARE**

QUICK TIP  
1

Take steps to protect staff and students.

- Encourage all staff and students older than two who do not have a medical condition prohibiting the use of a mask to **wear a mask at all times.**
- Promote social distancing** in classrooms, during nap times, in break areas, playground, etc.
- Avoid intermingling classrooms.** Group children with their class for lunch, recess and other activities.
- Clean and disinfect regularly** with EPA approved disinfectants.
- Encourage students and staff to **wash hands often.**
- Limit visitor access to your building.**
- Screen all individuals for symptoms.**

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Watch for symptoms of illness.

Individuals who have COVID-19 may present with the following:

- Fever or chills
- Sore throat
- Headache
- New cough
- Nausea/vomiting
- New nasal congestion/stuffy or runny nose
- Shortness of breath or difficulty breathing
- Diarrhea
- Muscle or body aches
- New loss of taste or smell
- Fatigue

QUICK TIP  
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Take action if someone is ill or illness is suspected.

1. **Separate the COVID-19 positive individual from others until they can go home** (use an empty classroom, office, nurses station, etc.). Mask child, if appropriate. Staff sitting with the child should be masked and socially distanced. **Have COVID-19 positive individual stay home until isolation is complete.**
2. **Identify close contacts.**
3. **Notify and require quarantine for close contacts.**
4. **Report positive cases and close contacts to your local health department.**

Required **isolation** period for COVID-19 positive individuals

**Isolation keeps someone who is infected with the virus away from others.**

**Positive individuals with symptoms** should isolate for at least 10 days and 24 hours fever-free, without the aid of fever reducing medications, and all other symptoms have improved.

**Positive individuals without symptoms** should isolate for 10 days from first positive test date.

Who is considered a **close contact?**

**Regardless of mask use, close contacts include anyone who spent 15 minutes or more at a distance of 6 feet or less with the positive person during their infectious period.**

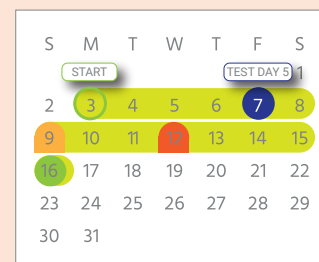
How long is **quarantine** period for close contacts?

**Individuals who start to have symptoms during their quarantine should immediately isolate and get tested.**

**Quarantine keeps someone who might have been exposed to the virus away from others.** CDC recommends close contacts quarantine for 14 days.

**All close contacts must remain masked at all times and practice social distancing until after Day 14.**

The following options exist to end quarantine after day 7 or 10 if certain criteria are met:



- CDC Recommended 14 Day Quarantine
- Quarantine Start date
- Test On or After Day 5 of Quarantine
- Last Day of 14 Day Quarantine CDC Recommended
- Last Day of Quarantine IF No symptoms and Negative Test On or After Day 5 7 Day Quarantine
- Last Day of Quarantine IF No symptoms and no test was taken 10 Day Quarantine

**Close contacts who have had a COVID-19 infection within the last three months or who have been fully vaccinated do not need to quarantine. Fully vaccinated individuals should get a COVID-19 test 3-5 days after their last contact with a COVID-19 positive person.**

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Report COVID-19 illness to the Health Department.

**Report all positive cases and suspected cases to the Health Department.**



**MAIN PHONE 770-339-4260 ASK FOR "EPI-ON-CALL" | AFTER-HOURS EMERGENCIES 404-323-1910**

VISIT [WWW.CDC.GOV/CORONAVIRUS/2019-NCOV/COMMUNITY/SCHOOLS-CHILDCARE/GUIDANCE-FOR-CHILDCARE.HTML](http://WWW.CDC.GOV/CORONAVIRUS/2019-NCOV/COMMUNITY/SCHOOLS-CHILDCARE/GUIDANCE-FOR-CHILDCARE.HTML) FOR MORE INFO.